

Fall 3Q Edition - 2025

September 2025



## Upcoming WOVI Events



### SEPTEMBER



New Chapter Officers – submit to WOVI by Sept 20  
Nominations for Outstanding Chapter Leaders / Members  
– submit to WOVI by Sept 13  
Sat., Sept 27 – Leadership Summit/Awards Luncheon –  
9am-2pm CT  
New Chapter Officers Take Office

### OCTOBER



Fri., Oct 17 – Mentor of the Year Awards – 7-9pm CT

### DECEMBER



Thursday, Dec 11 – WOVI Holiday Party – 7-9pm CT

*The WOVI Vision is the quarterly newsletter from Women of Visionary Influence, created for our members. Each issue features inspiring articles and updates, including messages from the Executive Team, highlights from recent and upcoming events, the Mentor Minute, Chapter Corner news, and updates on InterestRings activities.*

## In This Issue:

### From our Founder

- Pauline Shirley

### Chairmen of the Board

- Monnica Rose

### Mentor Minute

- Jyo Pai

### What's Up WOVI:

- Results of LeadersRing, July 26th
- Elevate-WOVI Partnership
- Officer Elections & Leadership Summit
- MOY Save the Date

### Chapter Corner:

- Arlington Mid-Cites
- North Dallas
- VC Prime

### Update on InterestRings!

## Mentoring Experiences, from Pauline Shirley

Dear WOVI Sisters;

What mentoring session stands out in your memories and what change happened in you as a result? My first mentor was a young woman full of energy and excitement about the mentoring process. She said something to me that resulted in a time saving change.

As we sat there enjoying our lunch, I pulled out my checkbook. Her comment was, "Do you still do that?" My reaction was, "of course, I pay my bills with checks." She proceeded to tell me about paying my bills through my bank account online. Prior to that revelation, I would spend hours balancing my checkbook down to the penny. After I followed through with her suggestion, I no longer went through that exasperating process. Saving me hours not to mention my hair which I would often pull out in the process. I appreciate that mentor 20 plus years later for that suggestion.

Currently, my mentor and I spend delightful time via ZOOM cross mentoring each other. We both feel fulfilled after that session.

Then there is another kind of mentoring, the friendship and camaraderie we share. Just think of the incredible women, and how we serve and grow together through the WOVI year. I am thinking of my dear friend, Executive and Board Member, Tammy McCormick. She always seems to know when I need positive support and she shares those comments lavishly. I appreciate her so much for that and the many other things she does.

Why am I writing about these experiences? you ask. Because it is good to remember the differences mentors have made in your life as I have done here. Think about your mentoring experiences and appreciate how you have benefited by having a mentor. Then, take a minute to jot down a little note to thank your mentor for the time and energy she has dedicated to you sharing her wisdom and encouragement.

Lavishly show your appreciation to a fellow member for all she is doing to make your chapter a success. And let her know how much you enjoy being in WOVI with her. Those shows of appreciation and acknowledgement will make her day.

It's more than mentoring which is a very important part of being a member of WOVI, it's also about the friendships built with other members of your chapter and across WOVI. Remind yourself of the women you now are friends with and would not even know except for your membership in our organization. Make the most of the WOVI events coming up: THE ANNUAL MENTOR OF THE YEAR EVENT, THE LEADERSHIP SUMMIT, THE Holiday Party - all events at which you will interact with more members of WOVI as you celebrate, learn and enjoy more that WOVI has to offer. I look forward to seeing you at each of these events.

With love to all,  
Pauline Shirley  
WOVI Founder and  
Chairman of the Board



## A Small World, Big Connections



At the recent **Toastmasters International Convention**, I had the joy of spending time with our Founder and my mentor, **Pauline Shirley**. Sitting beside a woman named Leah, I discovered she had a friend Pauline also knew. In that moment, I was struck by how beautifully small and connected our world is.

Among the group, I only knew Pauline, but I watched the way she was embraced by these women—with **hugs, laughter, and love**. Pauline leaned over and asked me if I had mentioned **WOVI** yet. I smiled and said, “Not yet.”

What stayed with me most was the way these women **revered Pauline as a sage leader**. I was honored to witness the power of connection, and it reminded me that we should never hold back on sharing the benefits of **WOVI**. You never know whose life it might touch next.

With vision and strength,

*Monnica*

Best Regards,  
Monnica B. Rose  
WOVI Board President



*WOVI Women on the Rise 2025: Follow the Leader*  
*By Janet Wilemon, founding Board Member*

Twice a year, WOVI members gather to learn about leadership roles, to share best practices, and to have a little fun! The recent LeadersRing on July 26, 2025, was a big hit—full of information, nuggets, self-evaluation, and inspirational motivation.

The fun began with registration. Participants took a Leadership quiz to determine their Leadership Bug style - the Firefly, Dragonfly, Honey Bee or the Butterfly. This led into the icebreaker, where participants shared their leadership style and the strength it brings to the chapter.

Attendees explored, “What up, WOVI”, with a panel of WOVI leaders from the Execs to the Board, to the Management Council, Chapters and InterestRings. Each explained their roles and what leadership opportunities they offer. It's relevant to note that the Management Council roles mirror the Chapter leaders, so each leader has someone on the council to mentor her or to turn to when a question or issue arises.

What a delight to hear from each chapter how and what they are doing. A testimony to how wonderful, diverse, and global we are. Panel members emphasized leadership opportunities for members, with the election of new officers at our September meetings. It is an exciting time of year as we share our successes and look ahead to the future of WOVI in 2026!

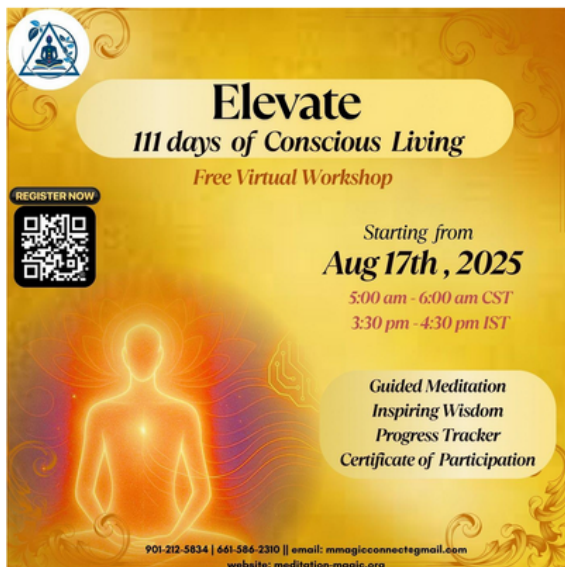


Find out your Leadership Bug Style. Take the Leadership Style Bug Quiz go to: [Link](#)

InterestRings are doing well! The WritersRing is producing all types of literature. HealthRing, which is every other month (odd months), is helping us improve and maintain our bodies. My favorite quote of the day was this from Misty, “No matter how far you go, you are lapping everyone on the couch!” What GREAT motivation!! WOVI Arlington Mid-Cities is reinvigorating the ArtistsRing! Stay tuned for more details!


The Vision Editors team, explained our WOVI publications. The Vision is our quarterly newsletter reports WOVI news, happenings and messages. The Focus is used to announce and highlight details about specific, upcoming events.

We all had fun with a scavenger hunt, followed by a Leadership review of WOVI trivia in a fun round of Jeopardy™. Overall, it was a great learning experience and made us realize how all the roles in WOVI work so well together. Indeed, we mentor one another at each and every meeting, call, or Zoom visit! In closing Pauline, our fabulous founder, proclaimed, “Keep WOVI deep in your heart, and share it! Be generous with WOVI! It's up to us!” ~ Janet Wilemon



**Elevate**  
111 days of Conscious Living  
Free Virtual Workshop

REGISTER NOW






Starting from  
**Aug 17th, 2025**  
5:00 am - 6:00 am CST  
3:30 pm - 4:30 pm IST

Guided Meditation  
Inspiring Wisdom  
Progress Tracker  
Certificate of Participation

901-212-5834 | 661-586-2310 | email: mmagicconnect@gmail.com  
website: meditation-magic.org


## ELEVATE – 111 Days of Conscious Living

-  Begins: August 17th, 2025 on Zoom
-  Daily: 5:00 AM – 6:00 AM CT
-  Live on: Magic of Meditation YouTube Channel

✨ Awaken. Align. Transform. ✨

Join us for ELEVATE, a 111-day transformational morning meditation journey dedicated to conscious living, holistic health, and soulful well-being. Each day will open with guided meditations, reflective practices, and inspiring wisdom from experts & speakers from around the world to help you align with your highest self and elevate your life.

 [Register Here](#)

This program is organized by Meditation Magic, a 501(c)(3) organization based in Dallas, TX. Our mission is to bring awareness about Meditation, Plant-Based Living, and Pyramid Energy, and to establish Pyramid Meditation Centers across the USA. Through free community programs, we aim to inspire self-transformation and global peace.   
Learn more: <https://meditation-magic.org>

Meditation Magic is organizing this program in collaboration with WOVI, Omega Pyramid Foundation and Mindful Masters Toastmasters Club.

**WOVI Women on the RISE!**  
WOVI Partners with Meditation Magic for “Elevate.”

We’re thrilled to announce WOVI’s partnership with Meditation Magic.

Founded by one of our own members,

Divya Nadimpali, in support of their ongoing event: Elevate.

(see description to the right).



Join us in a free Virtual Workshop designed to renew your spirit and refresh your mind. Begin each day with guided meditation and uplifting inspirational talks that set the tone for clarity, peace, and purpose.

Meditation Magic is inviting WOVI members to be featured speakers! If you’re passionate about personal growth and would love to share a 20-minute motivational or self-help presentation, we would love to hear from you. For an example you can go to YouTube and listen to [Janet’s Mentoring talk](#).

Interested? Contact:

Debra Sanford – [debra.l.sanford@gmail.com](mailto:debra.l.sanford@gmail.com)

Divya Nadimpali - [ndivyaraju@gmail.com](mailto:ndivyaraju@gmail.com)



**Meditation Magic** presents  
**Elevate**  
111 days of Conscious Living  
Free Virtual Workshop

**Day 11 - Aug 27<sup>th</sup>**  
**Mentoring**  
- Janet Wilemon  
5:00 am - 6:00 am CST/  
3:30 pm - 4:30 pm IST

**Meditation Magic** presents  
**Elevate**  
111 days of Conscious Living  
Free Virtual Workshop

**Day 18 - Sep 3<sup>rd</sup>**  
**BE BRAVE**  
Finding life’s great adventure!  
- Debra Sanford  
5:00 am - 6:00 am CST/  
3:30 pm - 4:30 pm IST

901-212-5834 | 661-586-2310, Website: meditation-magic.org

*Do you have a motivational or self-improvement topic you'd love to share? Email us to volunteer as a speaker—you could be the next inspiring voice featured on WOVI Wednesdays alongside Janet and Debra!*

## Join us at the WOVI Leadership Summit & Awards

Let's continue building connections, celebrating leadership, and honoring outstanding women at the upcoming:

Date: Saturday, September 27

Time: 9:00 AM – 2:00 PM

Location: [Zoom](#)

Meeting ID: [873 2116 8524](#) Passcode: 754906

### Highlights:

Inspiring leadership sessions

Networking with fellow WOVI leaders

Awards Celebration during lunch honoring Outstanding Officers, Chapter Mentor, and Chapter Member of the Year and other special recognition's presented by the Chairman & Board President.



New leaders come to the Summit to grow your leadership skills!

At noon, have your lunch ready and bring it to the screen to celebrate with us virtually!

## 2024-2025 Outstanding Officer Award Nominations

Nominations Are Open! Submit your nominations by September 13

Links to the Nomination Forms:

[Chapter Member of the Year](#)

[Chapter Mentor of the Year](#)

[Chapter Leader of the Year](#)



### ELECTIONS! ELECTIONS! ELECTIONS!

\*\*Remember to submit your list of new Chapter Leaders by September 20th.

Please invite your friends to experience the love, wisdom, and leadership that make WOVI such a powerful community.

Together, let's celebrate the connections that make this world a little smaller—and our lives a lot richer.





## WOVI's Annual Pauline Shirley Mentor of the Year Awards

**SAVE THE DATE!  
NOW ON OCTOBER 17, 2025**

Each year WOVI, Inc. recognizes women who make a difference in the lives of other women in their community, company or workplace through mentoring.

### **Mentor of the Year Award Criteria**

The Nominee should be an outstanding woman who through development or management of a mentoring program or through formal or informal mentoring efforts:

- Clearly encourages and motivates women to excel in the workplace
- Provides special value to the workforce, her company, or the community
- Impacts measurable growth in others that effectively contributes to her company's bottom line or the community
- Demonstrates leadership skills resulting in enhancement of work or community life
- Exemplifies mentoring skills that bring about positive change and add value to the lives of others

*Please note: Previous WOVI, Inc. Mentor of the Year recipients are ineligible. Nominees must be present at the Mentor of the Year Event via Zoom, Friday, October 17, 2025, to be recognized. Nominators are encouraged to attend and support their nominee at the event. Nominators and nominees cannot be current members of WOVI.*

**Nomination criteria and form are available [HERE](#)**

**The deadline for submission is September 30, 2025.**

Nominee finalists will be honored and the winner announced  
at WOVI's **Pauline Shirley Mentor of the Year Awards Event**  
Friday, October 17, 2025 - 7-9 PM CT via Zoom



### About Mentor-Mentee Relationship

- The ideal mentor-mentee, (or protégé) relationship is a dynamic partnership where both individuals contribute to the relationship's success through active participation, clear expectations and a willingness to learn from each other.
- The best mentor-mentee interactions are characterized by honesty, flexibility, and a commitment to the protégé's growth and development.
- As a mentor, listen with an open mind, open heart, and without judgement, to your protégé's words. As a protégé, be respectful of your mentor's constructive feedback, seeking clarification as needed. Open and honest communication is the essential ingredient in every successful mentor-protégé relationship.
- As we approach the end of the 2024-2025 WOVI year, reflect on the value of your relationship with your mentor and protégé. How have you each benefited? What have you learned? Are you ready to work on a different skill or with a different mentor/protégé? The key is to keep learning and growing!

Jyo Pai  
Vice President of Mentoring  
WOVI Management Council



Mentoring is the *heartbeat* of WOVI.

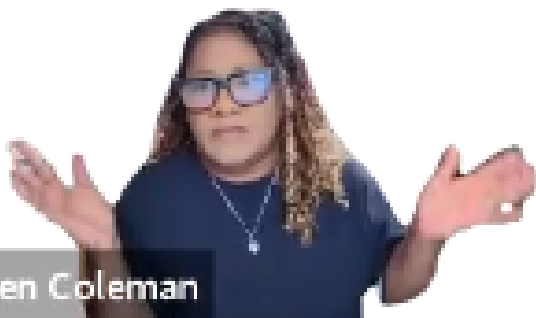


## Summer Highlights from WOVI Arlington Mid-Cities

WOVI AMC had a vibrant summer filled with creativity, connection, and inspiration. In July, members gathered in Grand Prairie for an in-person ArtistRing activity, painting beautiful butterflies while sharing stories and laughter. The room was filled with joy as each canvas came to life. (Check out the photos on our ArtistRing page!)

In August, we wrapped up the season with a powerful virtual presentation by Karen Coleman—leadership coach, author, and founder of Teen CEO Leadership Development. Her session, “3 Mentors and 5 Mentoring Styles,” offered a fresh perspective on mentoring with purpose, drawn from her personal journey and professional insights.

Karen’s message was clear: great mentors are adaptable, intentional, and deeply invested in the growth of others. Her warmth and wisdom reminded us that mentoring isn’t just another role—it’s a legacy. Pay it forward.



Karen Coleman

The August meeting featured our signature MentoRing, heartfelt member spotlights, and important updates on Chapter officer elections. With nearly all positions filled, the final vote will take place at our September meeting.

In September we’re thrilled to welcome Barbara Winkowski on Saturday, September 13, for another dynamic meeting. “Guiding the Journey to Inner Peace, Healing and Joy.” In this session, Barbara will guide us through key areas that support the journey to inner peace and lasting joy, including:

- Who am I—and who am I not?
- Physical health: the real focus
- Making your life—and your legacy—count for good

Prepare to be inspired, grounded, and uplifted as Barbara guides us in exploring how to live with intention, heal from within, and embrace our purpose on this glorious planet we call home. Barbara brings a wealth of experience and insight and her presentation promises to be both empowering and energizing. Don’t miss it!

Warmly submitted,  
Debra Sanford  
WOVI AMC President



## WOVI North Dallas Chapter News

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### WOVI North Dallas Chapter - Fall 2025

WOVI North Dallas continues to thrive! We've recently welcomed two new members, and our mentor-mentee connections are flourishing. WOVI Moments abound as we gather, plan, empower, and celebrate each other's growth..

In June, we met via Zoom with guest speaker Marcheta Gardner, a former conference presenter, who shared Grow With Grace... For You, For Others. Her message encouraged us to be kind to ourselves and others while growing, strategizing, and succeeding.

July brought back charter member Nancy Peham, President of Helping Hands Personal Services. With over 20 years of experience, Nancy shared practical strategies for decluttering and downsizing, all delivered with her signature servant heart. Visit [helpinghandsps.com](http://helpinghandsps.com) to learn more.

In August, we welcomed Ann Ranson, a lifelong learner known for her practical wisdom and fresh approaches to personal and professional growth. Her topic, Civility, offered timely insights for navigating daily interactions with grace and intention.

Mark September 11<sup>th</sup> for our next in-person meeting. It will be great to gather once again. October 9<sup>th</sup> brings us storyteller Billie Jones to entertain and enlighten us. Next will be November 13<sup>th</sup> with details to come soon! The last meeting of the year brings out the camaraderie of all Chapters as WOVI, Inc. hosts our December 11<sup>th</sup> Holiday Party.

Our leadership team is strong and looking forward to new titles and roles for 2026. Our programs are enticing, our speakers are rated A+, our MentoRings are truly beneficial, our mentoring sessions (individually) are creating great results, and WOVI moments abound.

Please join us when you can. You will NOT be disappointed.

Don't be the one who says, "I wish I had." Be the one who says, "I'm glad I did!"

Best wishes,  
Janet Wilemon, President  
WOVI North Dallas





*VC Prime will always be virtual with members attending from all across the nation.  
From Canada to Texas, and Utah to New Jersey!*

### **WOVI VC Prime - Fall 2025**

#### **WOVI VC-Prime August 2025 Meeting Recap**

Our August Chapter meeting, held on Friday, August 8, 2025, was well attended! Nine (9) members, two (2) WOVI guests – Monnica Rose and Barbara Debord, along with our guest speaker Nicole Anderson, made up a very happy, energetic group of 11!

Nicole Anderson's presentation titled "Unscripted Grace: A Journey of Failure, Faith and Forward Motion," captured Nicole's personal journey through life and the challenges she has faced, always allowing her faith to guide and move her forward.

Our September 12th meeting is currently being finalized. Chapter Officers elections will be held, and as reported previously, our current officers have all confirmed their willingness and interest to continue in their current officer positions for one more year.

Submitted by Jyo Pai, President  
WOVI VC-Prime



## WOVI WritersRing



Inspiring writers with encouragement, resources, and tips

### Find Your Voice, Fuel Your Creativity

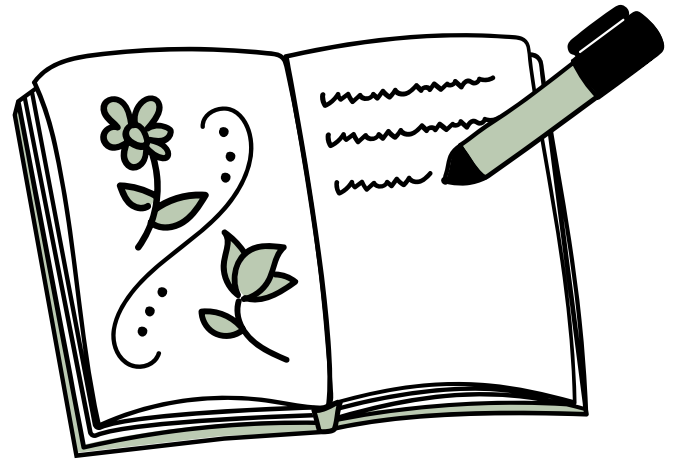
Looking for a space to ignite your creativity, connect with fellow writers, and rediscover your passion for words? The WOVI WritersRing invites you to an inspiring virtual gathering held every 4th Wednesday of the month at 7 PM CST / 8PM EST — and you're warmly welcome to join us!

Whether you're an experienced author, a journaling enthusiast, or someone simply longing to write "that book someday," this monthly meetup is your creative sanctuary.

Each session features:

- Writing Exercises that challenge and free your imagination
- Quotes and Affirmations to uplift and ground you in your purpose
- Writing Resources to guide and grow your craft
- A Supportive Sisterhood of passionate women writers

In just a couple hours a month, you'll leave feeling seen, inspired, and motivated to keep going on your writing journey — whatever that looks like for you.



### Join the WOVI WritersRing!

Why?

Because writing isn't just about publishing a book. It's about healing. It's about truth-telling. It's about legacy.

So, grab your favorite notebook, bring your voice, and join us for the next WOVI WritersRing. Your words matter. Let's write them into the world — together.

#### Next sessions:

Wednesday, Sept. 24th at 7PM CST, 8PM EST

Wednesday, Oct. 22nd at 7PM CST, 8PM EST

Wednesday, Nov. 21<sup>st</sup> at 7PM CST, 8PM EST

Where: Online Topic: WOVI WritersRing

For questions or to be added to our email list, please contact:

Miste Anders-Clemons

WOVI WritersRing and HealthRing Facilitator (682) 551-8243. Please use both

of the following emails:

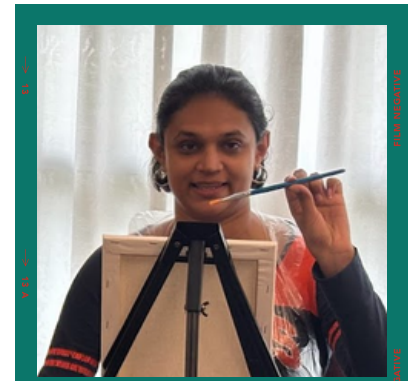
[mistemanders@gmail.com](mailto:mistemanders@gmail.com) and

[miste.wovi@gmail.com](mailto:miste.wovi@gmail.com) (Thank you!)

# The ArtistRing Returned on Saturday July 12<sup>th</sup>



Dawn Delaney of B You D'signs led the ArtistRing



Save the Date - Oct. 11<sup>th</sup> - Next ArtistRing

# Breathe, Move, Thrive - Join the HealthRing



Your well-being is your superpower — the WОВI HealthRing, is here to help you recharge it. Join us every 3rd Friday of every other month at 7 PM CST for a virtual gathering filled with wellness, wisdom, and sisterhood. Whether you're building healthier habits, staying committed to self-care, or simply seeking support, this space is for you.

Each uplifting session includes:

- Simple health tips & gentle exercises for strength and balance
- Quotes & affirmations to keep you motivated
- Curated wellness resources to enhance daily habits
- Authentic connections with women who care

**Quick Health Tip:** Low energy in the afternoon? Instead of reaching for caffeine, try a movement snack—just 3 minutes of stretching or walking can boost circulation and mental clarity for hours! Looking forward to seeing you there! and brain clarity for hours.

WОВI HealthRing is more than a wellness check-in — it's a life-giving space to pause, learn, and grow with women who believe in balance, joy, and thriving together.

Next Sessions:

Friday, Sept. 19th, 7PM CST / 8PM EST

Friday, Nov. 21st, 7PM CST / 8PM

Where: Online

Monthly: Join the WОВI HealthRing  
Empowering Women's Well-Being

The WОВI HealthRing is a supportive community dedicated to helping women improve their overall health and well-being. We understand the challenges of health journeys, and we're here to provide a safe space to share experiences and lift one another up.

- Meeting ID: 830 8481 4867
- Password: health (all lower case)

Join us and don't miss the fun, the WОВI HealthRing is on the 3rd Friday of every month, at 7pm CT / 8pm ET.

Come as you are — and leave feeling better than you arrived.

**For questions or to be added to our email list, please contact:**  
**Miste Anders-Clemons, WОВI WritersRing and HealthRing Facilitator (682) 551-8243. Please use both of the following emails:**  
**mistemanders@gmail.com and miste.wovi@gmail.com**  
**(Thank you!)**

# Take the Leadership Style Bug Quiz

What is your Leadership Bug Style? If you missed the LeadersRing in July, you can still take the quiz and find out your Leadership Bug Type just for fun!

 <p><b>Firefly</b> <b>The Illuminator</b></p> <p>VISIONARY · ENERGIZING · CHARISMATIC "Shine your light. Lead the way."</p> <p><b>Growth Tip:</b> Speak your truth boldly—your energy moves mountains. <b>Affirmation:</b> "My light guides others toward possibility." <b>Real-Life Example:</b> A visionary woman who electrifies the room with a bold idea—like the woman who launched a mentoring movement that sparked the creation of Women of Visionary Influence.</p>	 <p><b>Dragonfly</b> <b>The Transformer</b></p> <p>AGILE · INTUITIVE · EMOTIONALLY INTELLIGENT "Shift, soar, and see beyond."</p> <p><b>Growth Tip:</b> Lead through listening—your wisdom creates clarity. <b>Affirmation:</b> "I thrive in change and lead with heart." <b>Real-Life Example:</b> A visionary woman who gracefully helps her chapter pivot to hybrid meetings—tuning into emotions, creating space for flexibility, and guiding transitions with ease.</p>
 <p><b>Honeybee</b> <b>The Builder</b></p> <p>COLLABORATIVE · RELIABLE · LOYAL "Build together. Thrive together."</p> <p><b>Growth Tip:</b> Honor your process—your leadership builds legacies. <b>Affirmation:</b> "I empower teams and turn plans into progress." <b>Real-Life Example:</b> A visionary woman who is a behind-the-scenes powerhouse that coordinates volunteers, logistics, and programs—turning vision into reality through hard work and unity.</p>	 <p><b>Butterfly</b> <b>The Connector</b></p> <p>TRANSFORMATIVE · EMPATHETIC · RESILIENT "Grow through change. Connect to inspire."</p> <p><b>Growth Tip:</b> Share your journey—your story sparks courage. <b>Affirmation:</b> "I lead with compassion and create change through connection." <b>Real-Life Example:</b> A visionary woman who shares her story of transformation—using vulnerability to uplift others and helping women see their own potential take flight.</p>

That's a wrap for this edition—but the energy doesn't stop here! Whether you're mentoring, learning, leading, or laughing through a MentoRing or WOVl moment, we're so glad you're part of WOVl. Keep showing up, shining, and saying, "I'm glad I did!"

*Thank you for reading!*

## FROM THE VISION EDITOR

Are you passionate about writing? Ready to share your Vision of the world? Of WOVl? Become a contributing writer for the VISION! Share your thoughts with us!

Keep us informed about the latest happenings in your members and chapters. Express your interest or share your stories by emailing the VISION EDITORS at: [carnita@crburnett.co](mailto:carnita@crburnett.co) / [debra.l.sanford@gmail.com](mailto:debra.l.sanford@gmail.com)

