

Summer Edition - 2025

June, 2025



WOVI Women on the Rise

Come fly with us!



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Update on InterestRings!



WOVI Founders Top: Mary Boyd, Sandy Palisch, Angela Warr, Evelyn Young and Jennifer
Bottom: Pauline Shirley, Teresa Smith, Nikki Marsh, and Ellen Biigs

Hello Dear WOVI Sisters! Do you know how WOVI Started?

Do you know how Women of Visionary Influence started? It seemed simple. I asked women I knew to participate, shared my dream with them and they did. And then those women invited their friends and they joined WOVI. It sounds simple and it is. It begins with inviting your friends

How many of your friends have you invited lately? If you don't invite your friends, they will miss out of an opportunity to be a member and benefit from all the advantages membership in WOVI offers. So be a good friend and make a list of the friends you are going to invite. The next step is very important. Call them or meet them for coffee or lunch. Share with them how you are benefitting from your membership and be specific about the next meeting and make sure they come or participate. Follow up with them with the details of the meeting. During the meeting encourage them to participate and warmly invite them to join. By doing this, you will become more than their friend, you'll be a hero in their eyes for sharing something you love with them.

Open Houses

Several chapters have held Open Houses generating new members.

What a wonderful idea! If your chapter has not yet held an Open House, plan one when you hold your next Leadership Meeting. Generate excitement for everyone, members and guests alike.

Kudos to Debra Sanford and the Management Council for the **The Annual Conference for Women** was a huge success! Their dedication and hard work made it a success. If you did not attend, you missed one of WOVI'S premier events! Next annual event coming up is the Mentor of the Year event. Do not miss it!

My love to everyone,

Pauline Shirley
Founder/Chairman of the Board



Leadership Isn't a Title—It's How You Show Up

Hey WOVI Sisters,

Let's talk about leadership—not the kind that comes with a fancy title or corner office, but the kind that shows up in everyday moments. Leadership is how you speak up in a meeting, how you encourage a colleague, how you mentor someone who reminds you of yourself ten years ago. It's how you rise after a setback and still have the heart to help someone else rise, too. At WOVI, we know that leadership isn't something you wait for—it's something you live.

Lead From Who You Are

Your values are your superpower. When you're clear on what you believe in—kindness, courage, service, honesty—you can lead from a place of confidence. People feel it. They trust it. And more importantly, you trust yourself. That kind of leadership? It's magnetic.

Lift As You Climb

One of the best things about being part of WOVI is that we don't climb the ladder alone. We reach back. We mentor. We make space for others to shine. Every conversation, every encouragement, every “you've got this” makes a difference. Mentorship isn't a one-time thing—it's a lifestyle.

Keep Going, Even When It's Hard

Let's be real: leadership isn't always easy. There are tough days. There are moments of doubt. But the women who make the biggest impact are the ones who keep showing up—authentic, strong, and real. Your resilience tells a story that gives someone else hope.

So, What's Next?

Let's keep growing together. Let's keep saying yes to the things that stretch us and no to the things that shrink us.

Let's keep mentoring, learning, and most of all—leading from the heart.

The world needs your vision, your voice, and your light. So go ahead, lead like only you can. With vision and strength,

Best Regards,

Monnica

Monnica B. Rose
WOVI Board President



“
WOVI is based on Mentoring, Leadership and Education. At each chapter meeting you experience all three.”

WOVI Women on the Rise 2025:
Come Fly With Us! by Janet Wilemon

WOVI's 2025 Conference soared to success and is now in the history books! It was deemed a great success by the committee and by the thoughtful women who filled out the evaluation. Together, the committee, aka the WOVI Management Council, designed and created a wonderful event. Full of inspiration, motivation, and mentoring, we indeed defied gravity and rose to new heights!



With a butterfly in our 2025 theme logo, it was easy to start our introductions with words that offered reflection on growth, change, and transformation. Words like beautiful, freedom, patience, energy, newness, and courage started our upward and outward flight for the day. From the first moments of meditation to the final words of encouragement, we embraced transformation, lifted each other up, and truly defied gravity.

Highlights of the Day

🦋 Our theme, inspired by the butterfly, set the tone for growth, courage, and new beginnings.

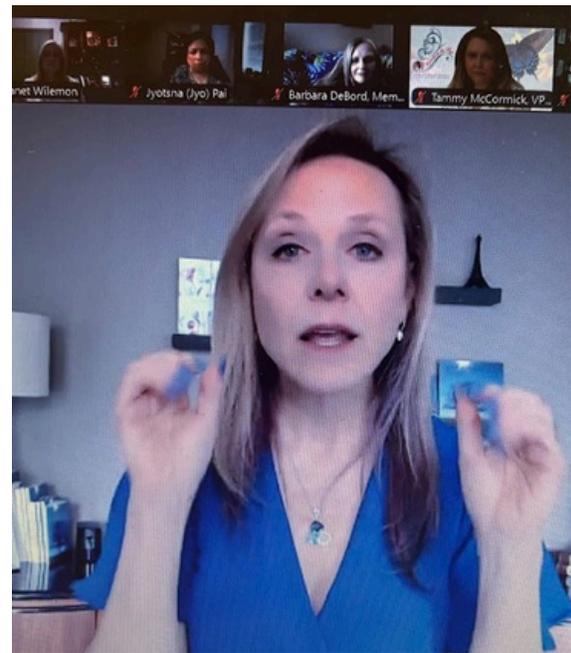
🧘♀️ Divya Nadampalli guided us in meditation, bringing focus, calm, and resilience to the day.

🚀 Dr. Conda Ross reminded us that failure is just part of the journey—never let fear hold you down. **RISE!**—Resourceful, Intelligent, Strategic, Empowered.

💪 Amy Fuentes flipped the script: **IMPOSSIBLE?** No—it's **I'M POSSIBLE!** Every decision creates tomorrow.

💬 During our MentoRing session, we came together like a kaleidoscope of butterflies. We connected with engaging and powerfully uplifting mentoring topics.

☀️ Cathy Dabney broke down barriers to flight—worry, self-doubt, comparison—all can clip our wings, but we choose to rise.



Congratulations to the Management Council: Debra Sanford, President, and Vice Presidents: Carnita Burnett, Cynthia Lucas, Tammy McCormick, Jyo Pai, and Janet Wilemon for another inspiring Women's Conference.





LeadersRing from 2012 we met at On the Border in Addison. With over 20 members in attendance it was a fun and engaging afternoon. Don't miss our summer, July LeadersRing.

Following the Leader - WOVI Women on the Rise!

Save the DATE for the LeadersRing - July 26, 2025

Save the Date and plan to attend the July LeadersRing. Learn about Chapter leadership and organization! Participate in interactive online session. Get up and personal with your WOVI Management Council and Board members.

The focus for July is on chapter and officer training. Designed for ALL WOVI Members. Learn how WOVI Chapters, Management Council and Board are organized. what the officers do and how we can all contribute to the success of our Chapters and our organization. More details coming SOON!

Chapter Officer Elections!

Nominations are held in July and August at chapter meetings, then elected at the monthly Chapter meetings in September. This all is in preparation for the Leadership Summit on September 27th.

New officers take over leadership starting in October 2025

DUES are DUE!

IT'S TIME!



DON'T DELAY, RENEW YOUR MEMBERSHIP TODAY!

Semi-Annual Dues are due on July 1, 2025. For members who pay twice a year. This comes to just \$10.00 a month. What a bargain!

Just think of what you get so much out of the monthly meeting, especially the MentoRing sessions alone. Your Mentor - Mentee monthly chats are unlimited value. There is so much more throughout the year:

Leadership opportunities, Conferences, Mentor of the Year, Holiday parties and InterestRings. Don't forget! Contact your chapter leader and renew TODAY!



WOVI's Annual Pauline Shirley Mentor of the Year Awards

SAVE THE DATE!

NOW ON OCTOBER 17, 2025

Each year WOVI, Inc. recognizes women who make a difference in the lives of other women in their community or company through mentoring.

Mentor of the Year Award Criteria:

The Nominee should be an outstanding woman who through development or management of a mentoring program or through formal or informal mentoring efforts:

- Clearly encourages and motivates women to excel in the workplace.
- Provides special value to the workforce, her company, or the community.
- Impacts measurable growth in others that effectively contributes to her company's bottom line or the community.
- Demonstrates leadership skills resulting in enhancement of work or community life.
- Exemplifies mentoring skills that bring about positive change and add value to the lives of others.

Please note: Previous WOVI, Inc. Mentor of the Year recipients are ineligible. Nominees must be present at the Mentor of the Year Event on Zoom, Friday, October 17, 2025, to be recognized. Nominators are encouraged to attend and support their nominee at the Event. Nominators and nominees cannot be current members of WOVI.

**Nomination criteria and form are available [HERE](#)
The deadline for submission is September 30**

Nominee finalists will be honored, and the winner announced,
at WOVI's **Pauline Shirley Mentor of the Year Awards Event**
Friday, October 17, 2025 -- 7-9 PM CT on Zoom



Mentoring is the Heartbeat of **WOVI!**

As psychologist Dr. Daniel J. Levinson described, a mentor-mentee relationship can be one of the most significant experiences in life. When you serve as mentor to someone, you can experience a greater sense of purpose and rejuvenation.

As a mentor, pay your skills and experience forward to a fellow Chapter member! “Mentoring is a brain to pick, an ear to listen, and a push in the right direction” As a WOVI member, Mentor-Mentee assignments may be the most consequential benefit you will experience. You are encouraged to seek a mentor whose voice “speaks” to you, whose experience could benefit you, whose dedication in helping you may be just the nudge you need to move in the right direction!

Please speak to your chapter’s Vice President Mentoring to pair you up with a mentor or a mentee! WOVI’s goal is for every member to be serving as a mentor or learning actively as a mentee

**Jyo Pai
Vice President of Mentoring
WOVI Management Council**



heartbeat



WOVI Arlington Mid-Cities Chapter

May we celebrated moms, daughters, sister and friends!

This was our quarterly meeting in person at the beautiful Winewood Grill in Grapevine, Texas. We had a beautiful private room, Members invited their mothers, daughters and friends to attend for a special tribute. We had 4 guests! Debra and Miste had their daughters: Amanda and Destiny, Kendra's Mom and Roma brought a close friend.

Our speaker Tammy McCormick took us down her journey learning about the history of the Harp and learning how to play this beautiful ancient instrument. Members got to hold and strum the harp. We even watched a video of Harpo Marx playing the harp in a movie. The famous actor taught himself to play using the Suzuki method!

New member Roma was welcomed and pinned by President, Debra Sanford. Welcome Roma! Our next meeting will be on Zoom, Saturday June 14. Come and join us! Please RSVP!

Then in July we are going to have an ArtistRing, which will be an in person activity. Watch for details coming soon. Other Chapter members are invited to participate!

**Warm regards,
Debra Sanford
President**

Arlington Mid-Cities June Chapter Meeting
Present Guest speaker: Elena Swindull
Founder of Fibbonity, Mind Wellness Studio
Saturday June 14 at 11:00 am
"Train your Brain for Success"

Learn about how to :

- Empower yourself to boost productivity
- Focus and build resilience against stress and burnout
- Tap into a higher vibration of the body
- Form healthy habits to strengthen your mind and body.

MEET AND GREET AT 10:45 AM CST
MEETING STARTS AT 11 AM CST
Join us on the Zoom!
<https://us02web.zoom.us/j/83696185819>



Experience mentoring, leadership, and education in an environment of advocacy and





WOVI North Dallas Chapter - Summer 2024

WOVI North Dallas is going strong. We have added two members recently. Our mentor-mentee connections are going well. WOVI Moments abound as we meet together, plan and connive, then empower and congratulate.

We meet again soon via Zoom on June 12. Marcheta Gardner, a former conference presenter, will expound on Grow With Grace... For You, For Others. Please join us and learn how to be kind to yourself and others while growing, strategizing, and succeeding.

Our July 10th meeting welcomes back Nancy Peham, one of WOVI's charter members, to the stage...I mean camera...! President and Owner of Helping Hands Personal Services, she truly works hard with a servant heart. Check out www.helpinghandsps.com to see ALL that she does. With over 20 years of experience, she gets to the root of our clutter and downsizing issues. She'll offer great tips and strategies. A not to be missed meeting!

In August we welcome Ann Ranson. She always offers very practical advice and as a lifelong learner, always brings us new and intriguing ideas and approaches to reach our goals and achieve success. Her topic for August 14th is Civility, a much-needed topic for all of us as we interact with others daily.

Mark September 11th for our next in-person meeting. It will be great to gather once again. October 9th brings us storyteller Billie Jones to entertain and enlighten us. Next will be November 13th with details to come soon! The last meeting of the year brings out the camaraderie of all Chapters as WOVI, Inc. hosts our December 11th Holiday Party.

Our leadership team is strong and looking forward to new titles and roles for 2026. Our programs are enticing, our speakers are rated A+, our MentoRings are truly beneficial, our mentoring sessions (individually) are creating great results, and WOVI moments abound.

Please have a safe and happy summer and join us when you can. You will NOT be disappointed. In fact, don't be the one who says, "I wish I had;" be the one who says, "I'm glad I did!"

Janet Wilemon,
President

WOVI North Dallas





*VC Prime will always be virtual with members attending from all across the nation.
From Canada to Texas, and Utah to New Jersey!*

WOVI VC Prime - Summer 2025

WOVI VC Prime is proud to be WOVI's first Virtual Chapter. From the east coast to the west coast of The United States and Canada, our wonderful members of WOVI VC-Prime continue to show that physical distance is not a barrier or a deterrent to building connections, sharing experiences, and enjoying one another's company each month!

Thanks to the power of Zoom, we gather virtually to build rewarding, empowering relationships; hear informative and dynamic presentations; participate in impactful MentoRings; share our WOVI Moments and benefit from a mentor and mentee.

We Zoom in from three time zones. We use Zoom to not only build connections, but also to help our members become more comfortable with the virtual space and its benefits.

We meet on the second Friday each month starting at 5:30 pm MT / 6:30 pm CT / 7:30 pm ET, and are proud to have WOVI's Outstanding VP Programs, Carolyn Campbell, tap into her wide network as a journalist and writer, built over decades, to bring us fascinating speakers. We would love to have you join us as a guest or even better, become a member!

We look forward to welcoming you to our next meeting!



Jyo Pai
Fredericksburg, Virginia
WOVI VC-Prime President
Vice President of Mentoring, WOVI
Management Council
WOVI Board Member

WOVI WritersRing



Inspiring writers with encouragement, resources, and tips

Find Your Voice, Fuel Your Creativity

Looking for a space to ignite your creativity, connect with fellow writers, and rediscover your passion for words? The WOVI WritersRing invites you to an inspiring virtual gathering held every 4th Wednesday of the month at 7 PM CST, 8PM EST — and you're warmly welcome to join us!

Whether you're an experienced author, a journaling enthusiast, or someone simply longing to write "that book someday," this monthly meetup is your creative sanctuary.

Each session features:

- Writing Exercises that challenge and free your imagination
- Quotes and Affirmations to uplift and ground you in your purpose
- Writing Resources to guide and grow your craft
- A Supportive Sisterhood of passionate women writers

In just a couple of hours a month, you'll leave feeling seen, inspired, and motivated to keep going on your writing journey — whatever that looks like for you.

WOVI WRITERSRING
WEDNESDAY at 7pm CST, 8pm EST
and 5pm PST

**Next Meeting Wednesday,
June 24, 2025**

Supporting women writers with encouragement, resources and writing tips.
Next Meeting after this in July is on Wednesday, July 23rd

New
Meeting ID: 833 2356 4038 Passcode: 684572

Join the WOVI WritersRing!

Why?

Because writing isn't just about publishing a book. It's about healing. It's about truth-telling. It's about legacy.

So, grab your favorite notebook, bring your voice, and join us for the next WOVI WritersRing. Your words matter. Let's write them into the world — together.

Next sessions:

Wednesday, June 24th at 7PM CST, 8PM EST

Wednesday, July 23rd at 7PM CST, 8pm EST

Where: Online Topic: WOVI WritersRing

For questions or to be added to our email list, please contact: Miste Anders-Clemons, WOVI WritersRing and HealthRing Facilitator (682) 551-8243. please use both of the following emails: mistemanders@gmail.com and miste.wovi@gmail.com (Thank you!)



Your well-being is your superpower — the WOV HealthRing, is here to help you recharge it. Join us every 3rd Friday of every other month at 7 PM CST for a virtual gathering filled with wellness, wisdom, and sisterhood. Whether you're building healthier habits, staying committed to self-care, or simply seeking support, this space is for you.

Each uplifting session includes:

- Simple health tips & gentle exercises for strength and balance
- Quotes & affirmations to keep you motivated
- Curated wellness resources to enhance daily habits
- Authentic connections with women who care

Quick Health Tip: Low energy in the afternoon? Instead of reaching for caffeine, try a movement snack—just 3 minutes of stretching or walking can boost circulation and mental clarity for hours!

Looking forward to seeing you there!

WOVI HealthRing is more than a wellness check-in — it's a life-giving space to pause, learn, and grow with women who believe in balance, joy, and thriving together.

Next Sessions;

**Friday, July 18th at 7PM CST, 8PM EST
Friday, September 19th at 7PM CST, 8PM**

Where: Online

**Monthly: Join the WOV HealthRing:
Empowering Women's Well-Being**

The WOV HealthRing is a supportive community dedicated to helping women improve their overall health and well-being. We understand the challenges of health journeys, and we're here to provide a safe space to share experiences and lift one another up.

- Meeting ID: 830 8481 4867
- Password: health (all lower case)

Join us or miss the fun, the WOV HealthRing is every other month, every 3rd Friday, at 7pm CST.

Come as you are — leave feeling better than you arrived.

For questions or to be added to our email list, please contact: Miste Anders-Clemons, WOV WritersRing and HealthRing Facilitator (682) 551-8243. please use both of the following emails: mistemanders@gmail.com and miste.wovi@gmail.com miste.wovi@gmail.com (Thank you!)



**Message from the editors to WOVl Women around the world -
The Spring Conference was the best!**

The 2025 Spring Conference was the best.
It was the tireless work of The Management Council, led by Debra Sanford with Tammy McCormick, Jyo Pai, Janet Wilemon, Carnita Burnett and myself.

Together we made a wonderful team! It was an honor and joy to serve on the planning committee again this year.

Let us tip our hats off to the heroic efforts of The Management Council for their undying service to WOVl and its events.

Thank you for reading!

**WOVl Women on the Rise
Cynthia Lucas
VP Administration WOVl Management Council
Vision Assistant Editor**



FROM THE VISION EDITOR

Are you passionate about writing? Ready to share your Vision of the world? Of WOVl? Become a contributing writer for the VISION! Share your thoughts with us!

Keep us informed about the latest happenings in your members and chapters. Express your interest or share your stories by emailing the VISION EDITOR at: debra.l.sanford@gmail.com

