

VISION

August 2020 -- Vol 20 Issue 3 -- Summer Edition

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From the Chairman of the Board: Pauline Shirley



It's amazing all that can be accomplished through Zoom. Recently we celebrated my birthday via Zoom. It was fabulous! Four generations were represented, from my husband and me to our great-grandchildren!

Sure, the youngest great-grandchild slept the entire time, but she was there.

While it wasn't quite the same as being together in the same room, face-to-face and hug-to-hug, it was better than you would imagine. We all talked, we all saw each other, and they even sang Happy Birthday to me! We socialized like families do. My birthday was just as enjoyable as it would/could have been under different circumstances.

Under normal circumstances in WOVI we practice human touch, and we realize how hugging makes such a difference. However, an important part of that is the socializing, which we do at our meetings and during our mentoring sessions. So, we're not just hugging, we're socializing. And that's beneficial to us as humans.

If you're thinking "I can't wait for this pandemic to be under control and for life to return to normal," stop and think a minute and consider what we're accomplishing. We're having great meetings with knowledgeable speakers on Zoom. Our MentoRing Exercise is working well on Zoom. We're still sharing WOVI Moments. WOVI



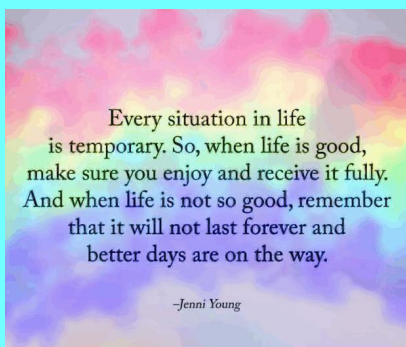
**Mark your calendars
for these important
WOVI dates:**

August 15, 2020
LeadersRing

Sept. 26, 2020
Leadership Summit

Oct. 23, 2020
Mentor Recognition
Event

Dec. 3, 2020
Holiday Social



offers all of this during these challenging times. And through the magic of Zoom we can invite women who aren't geographically close to our normal meeting places. And they can participate! What a great plus.

Prior to your next Chapter meeting, let me encourage you to invite someone you know who lives outside of the Metroplex, outside of Texas or even outside of the country. She can participate in a WOVl meeting, an opportunity not previously available to her. Wouldn't it be great to see her at your meeting?

On another note, we congratulate Monnica Rose, our Chief Operating Officer, for being honored recently. She has been named as a Top S.T.E.M. Influencer in the DFW Metroplex area by the National Society of Black Engineers, Dallas/Ft. Worth. We're so proud of you, Monnica!

Remember: Socializing like we do on our Zoom meetings and in our mentoring connections is just as valuable to our well-being as hugging and seeing each other face-to-face. Enjoy the experiences your membership in WOVl offers!

Sending virtual hugs to all of you!

Pauline

Pauline Shirley
Founding Chairman of the Board
Women of Visionary influence

News from the Management Council President



During WWI, a man wearing a navy blue coat, white shirt, red tie and a tall white hat with a strip of blue embellished with stars set his serious and piercing gaze on the audience, pointed and proclaimed, "I WANT YOU!" We've all seen this recruiting poster. Uncle Sam was working to bring men into the war effort as soldiers, sailors and airmen. Their efforts would guarantee that the country overcame all odds to reach a victorious outcome in the "War to End All Wars."

We're not at war. I'm not dressed appropriately for a photo or even a Zoom meeting. I promise I will not set a piercing gaze in my eyes and then point at you. BUT!!! I will say "WOVl NEEDS YOU".

We are moving into the time when we select new leaders for each Chapter. Each of our Chapters needs bright and willing women to strut in a leadership role. What's holding you back? Is it fear or your expectations of what is required? Let me take a few minutes to debunk any of that nonsense.

Fear / Expectation 1: It will take too much time.

WOVl Chapters meet once a month. To prepare, someone sends out a meeting

notice via Constant Contact. There's a template for these notices, as they've been sent many times before. Usually all that changes is the speaker information. Delegate the task.

The meeting locations are set. A reservation can be made with a simple phone call. That task can be delegated.

Fear / Expectation 2: I don't know anything about Zoom. I can't set it up.

Zoom has already been set up for the Chapters. If you have questions, reach out to me. Don't worry that you are being a bother. I'm here to serve.

Fear / Expectation 3: I can't find speakers.

Talk to the members. We've all heard exciting speakers. Many times, we wrote down the speaker's information. Other times, they're our friends.

Fear / Expectation 4: I don't know what to do.

WOVI has a leader's handbook, "The Chapter Leadership Resource Book", for you to use as a guide. Each Chapter has women who have served in the role. They will be willing to help you.

Fear / Expectation 5: I'll get tired.

Yes, you may. However, if you do, there will always be someone willing to invigorate you. Most of the time when they do, they don't even know they have provided this service. That's just how WOVI women are.

Okay, I've had time to dress up a bit. So, as Sophia Petrillo of the Golden Girls would say, "Picture this!" I'm dressed, have on my cutest, comfortable shoes, am smiling and pointing at you. WOVI WANTS YOU! Please, sign up for a leadership role in your Chapter. You will gain more than you give. I promise!

Charlene Burroughs
Management Council President

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COO Corner

It's mid-year! We're halfway through the year. Where has the time gone?

We can reflect on what we've accomplished and look forward to the **Goals** we plan to achieve in the remainder of the year. Reviewing, revising or re-igniting our goals may reveal and fill gaps that were not apparent. This is a time to do a check-up on our progress by conducting our own self-assessment.

We can **Be proud** of our accomplishments. One Chapter reports having their meeting in a local park, making their meeting a memorable time where members bonded.

By adopting a growth mindset, we can **Be honest and critical** of any areas we'd like to improve upon. One area of focus can be on building our pipeline of leaders to serve in officer roles. Would hosting a "Coffee Talk" to mentor and inspire members to step into leadership be an option? What are your thoughts?

Hosting our meetings online allow us many opportunities to **Continuously strive**



for growth personally and in our Chapters. Let's invite friends, co-workers or that member we haven't seen in the last three months. Chapters are taking snapshots and posting pictures of meeting attendees on FaceBook. What an awesome way of embracing our new normal.

Continue to **Share our strengths** through WOVl Moments that inspire and possibly mentor us all -- the reason why we're here! Because of WOVl, one Chapter hosted their featured speaker from Georgetown TX via the connection of a Chapter member. We're increasing our capacity to connect in other cities. Hmmm, sounds like a potential online Chapter!

WOVl Addison, Arlington/MidCities, Garland/Mesquite and North Dallas Chapters ... Thank you for all you do and will do in the future.

Keep doing great things!

Monnica Rose
WOVl Inc. Chief Operating Officer

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InterestRings! Spark your imagination and creative flow! Look at these power opportunities for growth in 2020!

WOVl's WritersRing Offers Monthly Education

I am
always
WRITING A STORY
in my head.

Thinking about writing? Want to learn more from the comfort of your home?

Your opportunity to join the WritersRing Zoom group is here. You'll hear educational topics to improve your writing, share your current writing, tackle the 10-minute writing exercise and contribute to lively discussions.

The educational topics for the upcoming months are:

August -- Settings for Writing

September -- Develop the Plot/Focus

October -- Using Body Language in Writing

We meet the third Wednesday of the month from 7 - 9 pm via Zoom.

Please email [Lisa Hill](#) to be added to our WritersRing Zoom group. Please note: We request RSVPs for each month before sending out the Zoom meeting login information.

Writing keeps us moving through the change and growth stage of 2020.

Keep Writing!!!



Lisa Hill
WritersRing Facilitator

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Introducing the WebWiseRing

If you've always wanted to know more about social media, now is the time to join WOVI's newest InterestRing -- the WebWiseRing. Participants will be learning how to use various social media applications.

The WebWiseRing will meet on Zoom the second Monday of each month from 7 to 9 pm. Anne Redelfs kicked off the Ring by facilitating LinkedIn classes in July. If you're interested in participating in this new InterestRing, please reach out to [Anne](#).

If you want to enhance your social media skills, please join us. It's a great way to improve your "social" skills while still social distancing on Zoom. Also, as Women of Visionary Influence, this is a great way to spread our influence far and wide!

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Chapter Corner...what's happening in your corner?

See what other Visionary Women are doing in their worlds. Have some time? Get out and visit another Chapter!

WOVI Addison Has Fun While Social Distancing

WOVI Addison has been working to social distance during COVID-19. However, COVID-19 has created some great opportunities for all of WOVI and a fun experience for those that had not used Zoom. We're now managing our Chapter and Leadership Team meetings on Zoom.



WOVI Addison proves you can have fun and still social distance!

The Leadership Team decided to hold our June 3 meeting at the Addison Pavilion so we could check in on our members. To provide a safe environment it was a members-only meeting. Three of our members facilitated the meeting, and despite masks and social distancing it was a lot of fun. Valery Guignon lead us in Chair Yoga, which allowed us to stretch. Peggy Campaga followed with Tai Chi Gung, which increased our movement. Karla Marie followed with Meditation, which helped to calm our

minds. Each facilitator provided examples of activities we could do in our homes. All exercises helped to get our members mentally and physically ready as we kick off our summer.

At our June meeting we asked each member to check-in on another member. Members volunteered to check-in on one specific member thru the end of July. Members were to use whatever means that worked for each person, whether it was text, email, phone or drive-by. This also gave members an opportunity to share their favorite childhood stories, Netflix movies, books, recipes and exercise videos.

We're so proud to share that two of our members have recently had book releases: Kandice Den (in collaboration with other authors), "Inspirations -- 101 Uplifting Stories for Daily Happiness",

and Shirley Walker-King, "30-Days to a Better You: A Guide to Peace, Liberations and Self-Reflection". Anne Redelfs received the 2020 Book Awards: Texas Best Non-Fiction Educational for "What the World Needs Now."



On August 5, 2020 we're excited to welcome our dear friend Frances Pelley, who will be presenting, "Presidential Presence." Come join us as we celebrate and connect with a supportive, positive and caring group of women who challenge us every day to be better people as we mentor each other!

Addison members-only meeting

You can RSVP to woviaddison@gmail.com and we'll send you the Zoom information. This is a great time to visit another WOVl Chapter from the comfort of your home!



Mary S. Boyd
President
WOVl Addison

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WOVl Arlington MidCities is Alive and Thriving

Virtual Greetings from WOVl Arlington Mid Cities!

WOVl AMC transitioned to the new virtual world in Spring of 2020. Amid stay-at-home orders and a pandemic crisis we're happy to report that WOVl Arlington MidCities is alive and thriving with 4-3-2-1: four amazing meetings, three exciting guest speakers, at least two new guests at each meeting and at least one new member (and more to come soon!).

In April, we moved to a virtual platform on Zoom featuring our own VP Mentoring Tammy Dean, who presented "You are the Missing Piece". Tammy inspired each of us with knowledge and purpose, emphasizing the realization that we each can make the difference in other people's lives by being the missing piece.



WOVl ARLINGTON MID-CITIES CHAPTER
PRESENTS...

TAMMY DEAN

"You Are the Missing Piece!"



March 17, 2020
La Hacienda
5250 Hwy 151
Colleyville, TX 76034
Registration begins at 5:30 PM.
Order your own dinner prior to 6:00 PM.
Program starts at 6:00 PM.



In May, AMC members were treated with an island of tranquility amidst the storm, as we focused on learning relaxation and breathing techniques with tranquility coach Miste Anders-Clemons. Using her time-tested breathing techniques, we focused on what's important and created our own personal quiet space.

We were joined in June by Alana Tran, cofounder of Asian World Media. She entertained us with her amazing life story from refugee to immigrant to successful family and career. She encouraged us to use this time to self-reflect, set goals and reach for the stars as we strive to live a Limitless Life!



In July our guest speaker, Virginia Roberson, helped us to change mindsets and create a safety-first mindset with personal safety tips and accessories to strengthen our ability to feel safe and protect ourselves.

As we all face the uncertainty of the days due to quarantine, we warmly encourage all WOVI members to reach out virtually to your mentors/mentees and keep in touch. Stay at home, be safe and stay healthy.



*Deb Sanford
President
WOVI Arlington Mid-Cities*

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Why WOVI? Why Garland/Mesquite?

As I begin to type this article for the VISION newsletter, I think, "What is the purpose of this newsletter? What purpose is this article I'm typing going to serve?"

I looked back at old newsletters and realized it can serve whatever purpose I make it. As a member of WOVI, I am trying to serve as a Woman of Visionary Influence. I want this article to influence anyone who reads it to think about joining WOVI. If you're already a WOVI member, I want you think about joining the Garland/Mesquite Chapter.

Garland/Mesquite is a small Chapter, which means your voice will be heard. Our amazing group of women includes Monnica Rose, the Board Chief Operating Officer for WOVI, Charlene Burroughs, the WOVI Management Council President, Cynthia Lucas, the Management Council VP of Administration and Janet Wilemon, who has been in WOVI since the beginning. These wonderful ladies bring so much knowledge and experience to all the meetings. We also have WOVI newcomers me and Pam Johnson, who bring new ideas to what WOVI Garland/Mesquite could be. These women know how to come together and mentor and learn from each other. There is only uplifting conversation, laughter, some tears (let's be honest) but always mutual respect. We all come from different backgrounds and think differently, but we understand that and can build each other up from wherever we are.

I know that I can't truly do our Chapter justice, but I do hope you took a moment to read this and ponder: Am I in a routine where I'm not really growing? Do I need some fresh ideas from different women? Do I want to be challenged to step out? If the answer is yes, then Garland/Mesquite is for you! We meet every 2nd Tuesday of the month. We typically meet at Denny's in Garland off of Belt Line Road but are now meeting online to facilitate shelter-in-place orders. We're all craving the connection that only a WOVI meeting can offer, so we'll hold Zoom meetings as long as necessary.

*Melissa Doan-Medina
President*



WOVI Garland/Mesquite

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WOVI North Dallas Has a New Member Boom!

It warms our heart to see our members and guests on Zoom. While we miss seeing each other face to face and enjoying a meal together, our outstanding presenters and exciting meetings are bringing us together along with guests. It's amazing how effective our MentoRing exercises are as we meet in separate Zoom rooms to facilitate the closeness of that experience.

We warmly welcome our newest members, Cynthia Coronado, T'Edra Jackson and Kimberly Bass. New mentoring assignments made by second Vice President Barbara DeBord have added a change of pace along with spice and excitement.



Visit us on Zoom at 7 pm on the third Thursday of the month. We arrive at 6:30 pm for new member orientation and to chat prior to the start of the meeting.



*Pauline Shirley
President
WOVI North Dallas*

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Did you miss any of these WOVI events? Then you missed out on incredible growth and learning opportunities. And you missed a chance to meet and mingle with our fabulous WOVI women!

WOVI's Annual Conference 2020: a Virtually Marvelous Event!

WOVI's Annual Conference for Women is always an incredible, exhilarating and empowering event. This year, even though we held it virtually, it was still successful, dynamic, delightful and absolutely wonderful!

The Conference was held via Zoom on Saturday, May 30, 2020. Before we even started, Management Council President and Conference Chair Charlene Burroughs had us all up and dancing! At 9 am our emcee, WOVI COO Monnica Rose, welcomed everyone to the conference and we kicked off with T'Edra Jackson's high-energy and encouraging session. T'Edra shared the importance of a mission statement and helped us develop our own personal mission statement. She had us all participating using the chat feature - an excellent example of how to make

Zoom interactive!

After a break and drawings for gift cards, our next session showcased RonAmber Deloney, sharing how she has developed herself personally and professionally using her creativity. She elevated and inspired us with her poetry as she motivated us to use our own creativity to reach others and expand ourselves.

After another break and gift card drawing, we worked on our "Strutting Into Leadership" coloring sheets (art by Dani Kates) and then shared our results for judge and WOVl Founder Pauline Shirley to choose the best!



Next was our Leadership Panel, "Making Mentees More: A Challenge for Women in Leadership," facilitated effortlessly by the ebullient Kessel Thompson. Each of our panelists shared how they work with mentees to propel them to be their best, in all the different environments they work in. Our awesome panelists were Unoma

Okorafor, founder of WAAW Foundation, which promotes STEM education for African girls; Dawn Owens, director of Undergraduate Information Technology and Systems Program at UT Dallas; and Gina Velez-Lopez, BA, LCDC, CPS, IDAC, a bilingual addiction counselor for adolescents and their families. One of the best parts of the panel was the chance for attendees to ask questions of our wonderful panelists and hear the different answers!

Using the Breakout Rooms available in Zoom enabled us to split up and experience the power of the MentoRing™ activity, allowing each attendee to share in small groups how they have been able to succeed in "Achieving in Challenging Times."

After a break for everyone to grab lunch, we returned to be entranced by perennial favorite, storyteller Elizabeth Ellis. With her delightful and illuminating delivery, she painted a vivid verbal picture of what life was like before woman could vote. She shared how one woman, Elizabeth Cady Stanton, was helped by a few men (mostly not on purpose) in the introduction of the 19th Amendment giving women the right to vote. Listening to her stories, we were at times appalled, shocked, surprised, entertained and enlightened as we understood the ordeal of women before we could vote and what was necessary for the amendment to be ratified and become law.

Another break, more gift card giveaways, a bit of music, and we moved into the first afternoon educational session, Chappel Billings with "It's Your Story to Tell: Podcasting Basics to Get You Started." Chappel took us step by step into deciding what we could share in a podcast, who we could share it with, and how to start sharing! Next Melissa Doan-Medina revealed how easy it was to "Level Up with Your Own Blog." She showed us tips, tricks, shortcuts and sites that make it easy to start your own blog.

For our closing, Monnica thanked everyone who helped make the event possible, Pauline shared her thoughts on WOVl and the Conference, and we had more giveaways!

Many thanks to our Conference Donors and Sponsors, and all the wonderful WOVl women who helped make this Virtual Annual Conference for Women a resounding success! Check out our conference page at WOVl.com for donors, sponsors and all of the door prize drawing winners - and make plans NOW to be part of next year's Conference: in-person or virtual, it will be FABULOUS!



WOVI Inc. Board Member

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A Word from the Editor

If we've learned anything in the strange times in which we live, it's that we are all in this together. But then as WOVI women, we already knew that, didn't we? We've all worked together to keep this organization we love going strong. We've learned how to use Zoom and still have our wonderful WOVI meetings and events. We've learned that the bonds we share can't be broken by distance or pandemics. We've learned that **we** can't be broken by distance or pandemics!

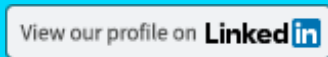
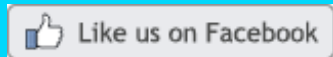
In the spirit of that lesson of not being alone, for this issue of Vision I relied on the able assistance of WritersRing facilitator **Lisa Hill**. Lisa provided invaluable input and help. If you've enjoyed this issue, please take a moment to thank Lisa, because it truly couldn't have taken shape without her.

As always, I wish you safety, good health and most of all, I wish you peace.

Kathie Clark

WOVI Inc. Board Member

Do you have a knack for writing? Would you like to be a contributing writer to the *VISION*? Share it with us! Let us know what's happening in your corner of the world by emailing your interest or stories to: [VISION editor](#)



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